

# Neurocognitive Health and Nutrition

## Concussion: The Role of Nutrition in Rehabilitation



- The pathophysiology of concussion
- The role of nutrition in neurocognitive health
- Adapting diet in the post-concussion phase
- Key nutrients for recovery

### **Find out how TeamNutrition can support your patients with:**

- Our KoalaPro health app and its exclusive Premium and Premium+ messaging services
- A food diary powered by artificial intelligence.
- The integration of our referral form.
- And more!

**Expand your knowledge and your team's expertise – book your Lunch and Learn today by contacting [jlamarche@equipenutrition.ca](mailto:jlamarche@equipenutrition.ca).**