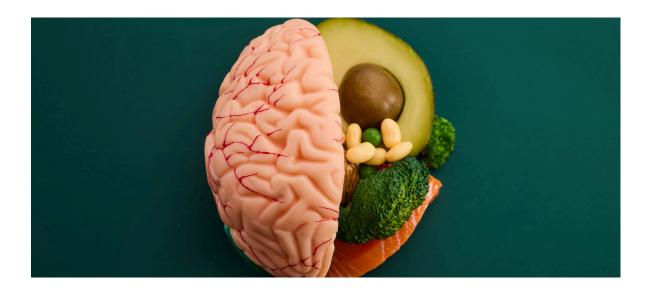
## **Neurocognitive Health and Nutrition**

## Concussion: The Role of Nutrition in Rehabilitation



- The pathophysiology of concussion
- The role of nutrition in neurocognitive health
- Adapting diet in the post-concussion phase
- Key nutrients for recovery

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