

# Inflammatory Conditions and Nutrition

## Anti-Inflammatory Eating for Chronic Pain Management



- Nutritional approaches used by patients managing chronic pain.
- What nutritional care looks like in a geriatric setting, particularly in preventing muscle loss.
- The link between inflammation and gut microbiota.
- Scientifically proven anti-inflammatory supplements that help reduce inflammation.

### Find out how TeamNutrition can support your patients with:

- Our KoalaPro health app and its exclusive Premium and Premium+ messaging services
- A food diary powered by artificial intelligence.
- The integration of our referral form.
- And more!

**Expand your knowledge and your team's expertise – book your Lunch and Learn today by contacting [jlamarche@equipenutrition.ca](mailto:jlamarche@equipenutrition.ca).**

