

# Mexican Salad in a Jar

*Discover the taste of Mexico in a jar with our vibrant and nutritious Mexican Salad. Packed with fresh ingredients and bold flavors, this portable delight makes healthy eating a breeze. Enjoy the convenience and savor the fiesta in every delicious layer!*



Preparation **10** min

Cooking **0** min

Servings **2**

## Nutrition Facts (per serving)

Calories 410 kcal

Fat 16 g

Carbohydrates 45 g

Fibre 11 g

Protein 25 g

Sodium 240 mg

• 10 ml (2 tsp) of cider vinegar

• 5 ml (1 tsp) of honey

• 5 ml (1 tsp) sriracha (optional)

• 1/2 cup finely chopped cilantro

• A pinch of salt

order in the list.

To eat in the jar, leave space on the top so you can mix well.

Ingredients for the salad



Guillaume Couture

President | Founder

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her ingredients according to the