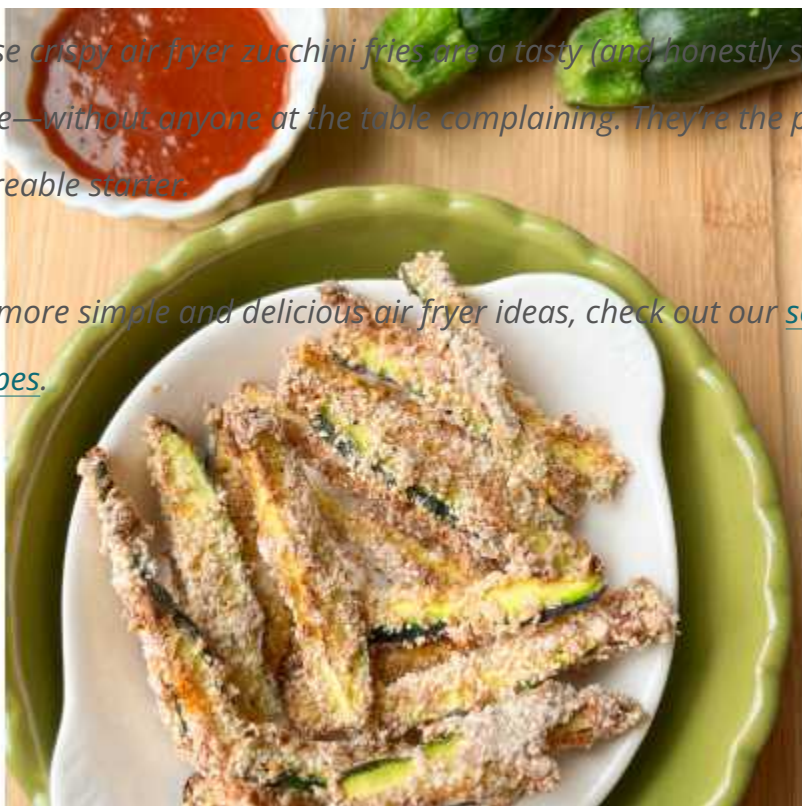


Air Fryer Zucchini Fries

These crispy air fryer zucchini fries are a tasty (and honestly satisfying) way to sneak more veggies onto the plate—without anyone at the table complaining. They're the perfect sidekick to a homemade burger or a shareable starter.

For more simple and delicious air fryer ideas, check out our [selection of dietitian-approved healthy Airfryer recipes](#).



Preparation 10 min

Cooking 15 min

Servings 3

Nutrition Facts (per serving)

Calories 130 kcal

Fat 3 g

Carbohydrates 20 g

Fibre 3 g

Protein 7 g

Sodium 120 mg



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