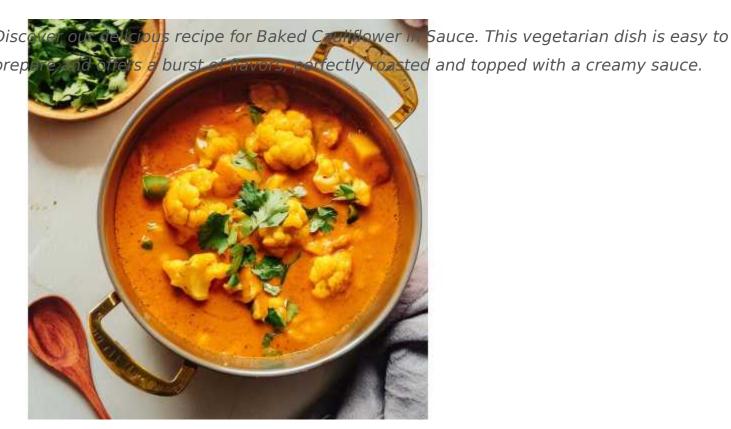
Baked Cauliflower in Sauce



Preparation $5\ \text{min}$

Cooking 20 min

Servings 4

Nutrition Facts (per serving)

Calories 215 kcal

Fat 12 g

Carbohydrates 21 g

Fibre 6 g

Protein 17 g

Sodium 480 mg

Preparation • 250 mL (1 cup) milk or plant-ba

• 15 mL (1 tbsp.) Dijon mustard Preheating over the 22th on 425 as

. In a large (20ts bring the personal able

. Add the who sadigith weednd simmer for 10 minutes.

Gabrielle Simard

In a Small saucepan over medium heat, melt the margarine. Add the flour and whisk until

combined